



The Colorado Plateau Mountain Bike Trail Association, Inc. is a non-profit organization of volunteers dedicated to mountain bike trail development. We build single-track, maintain trails, produce free maps, and interact with public land agencies and private landowners to protect access for mountain bikes. Individual memberships start at \$25. We urge you to join and to encourage commercial bike shops and other business sponsors to join.

JOIN or RENEW today!

Help keep the voice of mountain biking strong.

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COPMOBA

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The Tabeguache (pronounced tab-a-wach) goes through public and private land for 142 miles connecting Montrose and Grand Junction, Colorado. Bikers are urged to respect all property rights by closing gates, being watchful for livestock and camping only in approved camping areas. Bikers must be aware that the Uncompahgre Plateau is a nationally known hunting area. During rifle seasons you must wear orange hats and jackets. Check state hunting dates before beginning your trip. The Colorado Plateau Mountain Bike Trail Association (COPMOBA) recommends no biking during any rifle season.

The Tabeguache trail begins in Shavano Valley, 8 miles west of Montrose, Colorado, and weaves through the canyons, mesas and highlands of the Uncompahgre Plateau before ending in "No Thoroughfare Canyon", a few miles west of Grand Junction, CO. The trail is marked by brown fiberglass posts approximately every mile and at all intersections.

Trail difficulty is rated in this log from moderate to very difficult. When wet, all unpaved roads and trails segments may be unpassable to both mountain bikes and vehicles. Support vehicle access information is shown on the map. It is difficult, but not impossible, for a high clearance 4WD vehicle to travel all but the single-track sections of the trail.

Most of the trail is on remote, unpatrolled USFS and BLM land. The adventurous nature of this trail requires users to be cautious, personally responsible, self-sufficient and have a working knowledge of back country survival. The use of topographic maps and a compass is strongly recommended. Drinking water is not readily available along the trail. Water can be found in most of the drainages and established campgrounds along the trail, but it should be filtered or treated before use.

All directions given in this trail log are oriented for a rider going from Montrose to Grand Junction. All mileage's are approximate. The 7.5 series USGS maps covering the described trail are:

Hoovers Corner	Dry Creek Basin
Davis Point	Antone Spring
Ute	Moore Mesa
Starvation Point	Kelso Point

Windy Point
 Keith Creek
 Casto Reservoir
 Triangle Mesa
 Island Mesa

Snipe Mountain
 Uncompahgre Butte
 Jacks Canyon
 Whitewater
 Grand Junction

The trail is marked on the Delta, Nucla BLM and Grand Junction 1/100,000 Maps. Forest Service sections are covered on the Uncompahgre National Forest travel map, but the trail is not marked.

CAMPING GUIDELINES

Please help preserve the features that make this area a national treasure: Scenery, peace and quiet, and relatively undisturbed countryside. Follow these minimum-impact guidelines to preserve the area for future visitors.

PROTECT THE ENVIRONMENT

- Camp at a previously used site when possible.
- Stay on designated travel routes.
- Leave dead and live trees standing; use only dead and down wood for fires.
- Pack out all of your trash.
- Dispose of human waste properly; bury it 6" deep at least 100 feet from trails and water sources.
- Follow all regulations of the agency managing the area in which you are biking.

USE PROPER FIRE PROCEDURES

- Obey all fire regulations in effect during the time you are on the trail.
- Use a fire pan, such as a metal tray or garbage can lid in place of a fire ring.
- Pack out cold ashes in a plastic bag.
- Do not build new campfire rings.
- Burn your firewood to ashes, then douse with water. Do not bury it with soil. The next camper will reuse your fire location if they can see it, and avoid making a new one.
- Do not put cans, bottles, aluminum foil or other non-burnables into your fire.



MAP AND TRAIL LOG

The Tabeguache Trail is part of the Colorado Plateau Mountain Bike Trail System. It promotes low-impact recreation on the Uncompahgre Plateau in harmony with the region's unique environment and lifestyle.



A project of the Colorado Plateau Mountain Bike Trail Association, Inc., the United States Forest Service and the Bureau of Land Management.



About Tabeguache...

For centuries before the arrival of Europeans, the area that is now western Colorado was inhabited by native peoples. These people called themselves "Nunt'z". We call them Utes.

The Utes were nomadic, moving from camp to camp to exploit nearby food sources. They were some of the first Native Americans to acquire the horse, and became superb horsemen. The Tabeguache Utes inhabited the Uncompahgre Plateau.

The modern spelling is from a word coined by the explorer Escalante in 1776. The meaning Tabeguache is "place where the snow melts first". The Tabeguache Utes were removed from the Uncompahgre Plateau by the United States Government in 1881 to a reservation in Northeastern Utah.

Evidence of man's presence on the Uncompahgre Plateau dates back over 10,000 years. Over the last 100 years, the Uncompahgre Plateau has been the scene of cattle grazing, sheepherding, mining and lumber ventures. The landscape is dotted with evidence of these past and present uses. Help preserve historic and prehistoric resources by not disturbing them.

COPMOBA is grateful to the USFS, BLM and dozens of hard-working volunteers who created the Tabeguache Trail across this magnificent landscape.

Alternate Access Routes:

From Montrose, continue on SR 75 Road to Transfer Rd. by way of Jasmine, Hillside and Holly Rds. Drive 2 miles on Transfer Rd. to a 4WD road on the left, just past the large power line tower. Park vehicles here and begin biking. Drop into the canyon, bike 1 mile up canyon, bear right and climb northern slope of Cushman Mesa. Continue on Cushman Mesa to mile 8 of Tabeguache Trail. From Grand Junction, take Monument Road, turn left on Rose Vale Road to Little Park Road. Turn right and drive to Little Park staging area.

IMBA RULES OF THE TRAIL*

RIDE ON OPEN TRAILS ONLY.

Respect trail and road closures (ask if not sure), avoid possible trespass on private land, and obtain permits and authorization as may be required. Federal and State wilderness areas are closed to cycling.

LEAVE NO TRACE.

Be sensitive to the dirt beneath you. Even on open trails, you will leave evidence of your passing, such as on certain soils shortly after rain. Observe the different types of soils and trail construction: Practice low-impact cycling. This also means staying on the trail and not creating any new ones. Be sure to pack out what you pack in.

CONTROL YOUR BICYCLE!

Inattention for even a second can cause disaster. Excessive speed maims and threatens people; there is no excuse for it!

ALWAYS YIELD THE TRAIL.

Make known your approach in advance. A friendly greeting (or a bell) is considerate and works well; startling someone may cause loss of trail access. Show your respect when passing others by slowing to a walk or even stopping. Anticipate that other trail users may be around corners or in blind spots.

NEVER SPOOK ANIMALS.

All animals are startled by an unannounced approach, a sudden movement, or a loud one. This can be dangerous for you, for others, and

for the animals. Give animals extra room and time to adjust to you. In passing, use special care and follow the directions of the horseback riders (ask if uncertain). Running cattle and disturbing wild animals is a serious offense. Leave gates as you found them or as marked.

PLAN AHEAD.

Know your equipment, your ability, and the area in which you are riding and prepare accordingly. Be self-sufficient at all times. Wear a helmet, keep your machine in good condition, and carry necessary supplies for changes in weather or other conditions. A well-executed trip is a satisfaction to you and not a burden or offense to others.

*Rules of the trail carries a 1990 copyright by International Mountain Bicycling Association (IMBA).



For more information on Tabeguache Trail, CONTACT:

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IMBA is a non-profit organization. All donations are tax deductible except \$8 of the \$35 membership. Please allow 4 weeks for processing.

